Twigs into branches: how a filopodium becomes a dendrite
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A dendrite grows by sprouting filopodia, some of which mature into stable dendrite branches that bear synapses and sprout filopodia of their own. Recent work has shown that a filopodium begins deciding to become a stable branch within 1 min of contacting a presynaptic partner, but what triggers this decision remains unknown. We consider the evidence for three possible triggers: activity of neurotransmitter receptors, signaling through adhesion proteins, and heightened membrane tension as the filopodium attempts to retract but is held in place by adhesive contacts with the target. Of these, membrane tension-induced signaling is especially appealing, as it would serve as a general reporter of attachment, independent of which specific adhesion molecules are used.

Introduction

Building a dendrite is a monumental task. In a single day, an arborizing vertebrate neuron can add as much as 750 μm² of new plasma membrane, three times the surface area of its cell body. This membrane addition is distributed over dozens — or, in some cases, hundreds — of dendrite branches. Meanwhile, postsynaptic machinery is trafficked into the arbor and directed along a maze of branches to sites of synapse formation. All this construction takes place in a tumultuous environment, with neighboring cells coordinating and competing for cell contacts, while tissue growth and cell movement physically deform the surroundings.

In vivo, growing dendrites can be observed casting out fine filopodia, which are then gradually reeled back in. Long-term imaging of zebrafish tectal neurons showed that these filopodia extend over a period of ~20 min, and retract within approximately one hour [1]. In special instances, a filopodium does not retract, but becomes stabilized and matures into a synapse-bearing dendritic branch [1]. A similar program of filopodium extension and retraction, with occasional stabilization, also underlies the growth of axon arbors in vivo [2,3]. A major question in dendrite development is what prompts an unstable filopodium to mature into a stable dendritic branch.

Local calcium transients help stabilize filopodia

Recent work has converged on the generation of local calcium transients within the filopodium as a key event in its stabilization. Before their identification in filopodia, local calcium transients were seen in branches of growing dendrites of chick retinal ganglion cells, initiating approximately one hour after the dendrite contacted a presynaptic cell [4]. These local calcium transients were linked to dendrite branch stabilization: pharmacologically blocking local calcium transients led to dendrite retraction, while focally uncaging calcium diminished retraction of nearby branches [4].

Imaging of hippocampal dendrites showed that calcium transients originate in individual filopodia and then spread to the nearby branch [5]. Filopodium calcium transients vary in frequency as the filopodium extends, reaching peak frequency as the filopodium attains its maximal length [5]. Uncaging calcium in the dendrite branch stabilized filopodia [5], as has been similarly shown for axonal filopodia [6,7]. These experiments suggested that contact with a target in the environment — for example, a presynaptic partner — might increase the frequency of calcium transients and, in turn, stabilize the filopodium.

To test this idea, filopodia and target axons were imaged simultaneously [8**]. Filopodia were seen to discriminate between target and nontarget axons [8**]. Within 10–40 s of a filopodium contacting a target axon, the frequency of local calcium transients tripled [8**]. The increased frequency of calcium transients was predictive of whether a filopodium–axon contact would be stable [8**]. Thus, within 1 min of contacting a potential partner, a filopodium has begun to decide whether to stabilize (Figure 1). What is the initiating event that provokes this decision?

Neurotransmitter-dependent signaling

One intriguing possibility is that neurotransmitter released at presynaptic sites binds to neurotransmitter receptors on the filopodium and leads to downstream signaling, including opening of neurotransmitter-gated calcium channels, which then promotes filopodium stabilization (Figure 2a). In mature hippocampal neurons,
Filopodium dynamics are indeed sensitive to neurotransmitter receptor activity — electrical stimulation of dendrites increases the growth of filopodia and this effect is blocked by an NMDA receptor antagonist [9]. While these studies focused on filopodia of mature dendrites that give rise to dendritic spines, they raise the possibility that neurotransmitter-mediated signaling may also influence filopodia of growing dendrites as they give rise to new branches.

Experiments on growing dendrites showed that neurotransmitter receptor activity does indeed regulate dendrite growth, though not necessarily by altering filopodium stability. The application of a nicotinic acetylcholine receptor antagonist to growing dendrites of chick retinal ganglion cells led to reduced dendrite calcium transients and was followed by dendrite branch retraction, showing that neurotransmitter-mediated signaling may also influence filopodia of growing dendrites as they give rise to new branches.

Extensive in vivo studies of Xenopus tectal neurons have shown that growing dendrites are stunted by the application of an NMDA receptor antagonist [10], NMDA receptor misexpression [11], or genetic constructs that interfere with activity of the AMPA [12] or GABA [13] receptors (in this system, early GABA-receptor-dependent activity helps promote excitatory synapse formation later [14]). Taken together, these experiments show that neurotransmitter receptor activity can sculpt dendrite growth, possibly by stabilizing individual filopodia, but also potentially by maintaining already-formed branches or increasing overall arborization.

Indirect evidence that neurotransmitter receptors may help stabilize filopodia comes from time-lapse imaging of zebrafish tectal neurons, which showed that the postsynaptic density protein PSD-95, a marker of neurotransmitter receptor sites, accretes into stable puncta on some filopodia ~20 min after filopodium extension [1]. When a filopodium bearing these puncta undergoes retraction, distal regions retract normally but retraction is halted when a PSD-95 punctum is encountered [1]. Stabilized filopodia then become dendritic branches, serving as initiation points for new filopodial growth [1]. Thus, PSD-95 accretion strongly correlates with the stabilization of a filopodium and its maturation into a dendrite branch.

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**Figure 1**

<table>
<thead>
<tr>
<th>(a) filopodium</th>
<th>extension of dendritic filopodium</th>
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<tr>
<td>(b) target axon</td>
<td>contact with target axon and recognition</td>
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<td>(c) increased frequency of calcium transients</td>
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<td>(d) filopodium stabilization</td>
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<td>(e) PSD accretion, extension of new filopodium</td>
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Major steps in dendrite branch formation. (a) An unstable filopodium extends. (b) It contacts a target axon where it receives a yet unidentified signal. (c) This signal increases the frequency of filopodium calcium transients (red). (d) The filopodium is then stabilized. (e) Accretion of postsynaptic density (PSD) components (green) and extension of additional filopodia mark it as a mature dendrite branch.

**Figure 2**

- **(a)** Neurotransmitter receptor activation
- **(b)** Adhesion receptor signaling
- **(c)** Tension-induced signaling

Possible initiating events triggering filopodium stabilization. (a) Release of presynaptic neurotransmitter may activate receptors on the filopodium. (b) Binding of axonal ligands to adhesion receptors like integrins may induce downstream signaling. (c) Adhesive attachments may resist retraction, increasing membrane tension and activating signaling, for example through stretch-activated calcium channels.
branch. A similar accretion of nascent synaptic puncta — in this case, containing the presynaptic marker synaptophysin — is seen during stabilization of axon filopodia [2,3].

In dendrites, the assembly of PSD-95-containing puncta is suggestive of a gathering point for neurotransmitter receptors, but these puncta may also be home to adhesion molecules involved in presynaptic partner recognition. Indeed, application of NMDA receptor antagonists did not prevent a filopodium from recognizing its target axon or becoming stabilized, arguing that neurotransmitter signaling is not required for these early steps. Furthermore, the slow accretion of postsynaptic puncta (20–40 min [1]) relative to the rapidity of the filopodium calcium response (10–40 s [8**]) suggests that punctum formation takes place after the initial decision to stabilize has been made. Therefore, postsynaptic puncta accretion and neurotransmitter-dependent signaling likely lie downstream of the initiating recognition event, and help to execute the stabilization program and to maintain the dendrite branch.

Cell adhesion molecules

There are numerous candidates for the adhesion receptors that could kick off the initiating recognition event (Figure 2b). In principle, these include any molecules involved at early steps of synapse formation (reviewed in [15]). One synaptic protein that has been shown to affect filopodia in particular is agrin, which induces filopodium formation when subjected to antibody-induced clustering or overexpression [16,17]. In mature neurons, a proteolytically processed form of agrin induces filopodium formation when presynaptic and postsynaptic partners are stimulated simultaneously [18].

Another set of synaptic proteins linked to filopodia are the leucine-rich repeat (LRR) family proteins, which have emerged from two independent functional screens for postsynaptic regulators of synapse formation [19,20]. In Drosophila, the LRR protein Capricious localizes to the tips of postsynaptic muscle filopodia, called myopodia, as they extend in search of a presynaptic motor axon [21**]. Like dendrite filopodia, myopodia undergo rounds of extension and retraction with occasional stabilization, and can distinguish target from nontarget axons [21**]. Loss of Capricious and its close relative Tartan decreases the number of myopodium–axon contacts but not the overall number of myopodia, suggesting that these LRR proteins are required to stabilize a myopodium after it contacts an appropriate presynaptic partner [21**]. LRR proteins are thus strong candidates to serve a similar function in the postsynaptic filopodia of dendrites.

Significant attention has also been paid to integrins, which are widely involved in cell adhesion. In fibroblasts, integrin ligand binding leads to calcium influx that mediates cell adhesion [22]. In cortical neurons, calcium influx peaks within 1–2 s of addition of integrin ligand peptides containing RGD sequences, consistent with the rapid time scale of filopodium calcium transients [23]. Likewise, in axon growth cones, filopodium calcium transients increase in frequency within seconds of exposure to soluble RGD peptides [6]. These transients also increase in frequency when growth cones are cultured on the RGD-containing matrix protein tenascin, although a similar increase is seen on polylysine, which does not specifically activate integrins [6]. Thus, integrin activation may be a special instance of a general mechanism for increasing filopodium calcium transients in response to cell adhesion.

Membrane tension

Another mechanism for sensing cell adhesion comes from recent studies showing that fibroblasts exhibit local calcium transients at their leading edge during cell migration [24*]. These local calcium transients are stimulated by the addition of integrin ligand peptides, but also by applying shear stress across the leading edge of the fibroblast or by physically deforming the substrate with a glass needle [24*]. Thus, these calcium transients likely respond directly to membrane tension and, indeed, they are mediated by the stretch-activated calcium channel TRPM7 [24*]. Axon growth cones also bear stretch-activated calcium channels that can control axon extension [25]. If these channels are present on dendrites, they would suggest an elegant mechanism to sense attachment to a presynaptic partner. As the filopodium attempts to retract, it would pull against its adhesive attachment and experience an increase in membrane tension (Figure 2c). As seen in migrating fibroblasts, this membrane tension could open stretch-activated calcium channels to generate the increased calcium transients that lead to filopodium stabilization.

In support of a role for tension in dendrite growth, we recently found that a stretching mechanism is responsible for the growth of the major class of sensory dendrites in Caenorhabditis elegans. In mature animals, these neurons each display a single unbranched dendrite extending to the nose where it collects information from the environment. Using time-lapse imaging, we watched single sensory dendrites as they formed in the embryo [26**]. The cell bodies were born near the nose, anchored a short projection there, and then migrated away, stretching their dendrites out behind them as they crawled, in a phenomenon we termed retrograde extension [26**]. Anchoring at the nose is required for dendrite growth: we isolated two mutants, dyf-7 and dex-1, in which neurons do not anchor at the nose, instead dragging their nascent dendrites with them, resulting in adult neurons with short dendrite stubs that fail to reach the nose [26**]. DYF-7 and DEX-1 are extracellular matrix proteins produced by the neurons themselves and by neighboring cells, respectively, and act...
at the time and place of dendrite anchoring [26]. DYF-7 resembles zona pellucida (ZP) proteins that form a matrix around the vertebrate egg, while DEX-1 resembles the sperm protein zonadhesin which binds the ZP [26]. Together, they resemble tectorins, matrix-forming proteins of the vertebrate inner ear that anchor the tips of sensory hair cells used for hearing (reviewed in [27]). It is intriguing to think that DYF-7 and DEX-1 might similarly play a role in mechanosensation, possibly helping stretch-activated channels in the dendrites respond to membrane tension, much as the tectorial matrix helps mechanosensory channels in hair cells respond to the force of sound waves.

There is also evidence from axon studies that tension can promote neurite maturation. In one study, hippocampal neurons were plated in culture conditions under which they normally sprout neurites and then stochastically specify one neurite as the axon [28]. Using a force-calibrated glass needle, experimenters could stretch any single neurite and artificially induce it to take on characteristics of a mature axon, including long-term stability, development of a growth cone, and the localization of axon-specific markers like dephospho-tau [28]. In separate experiments, severing a growing Drosophila motor axon in vivo resulted in the severed distal segment continuing to migrate toward its target muscle and making contact with it, but failing to generate tension or to accumulate presynaptic vesicles at the nerve terminal [29]. Remarkably, using a glass needle to apply tension to the severed axon restored presynaptic vesicle clustering [29].

Mature axons have been shown to remain under resting tension in vitro [30] and in vivo [29,31] and, in several systems, developing axons appear to grow by stretch-mediated mechanisms: oculomotor axons first contact their targets and then are stretched out as their cell bodies migrate across the midline [32,33]; vestibulo-acoustic efferent axons make contacts to a ganglion and then are stretched as their cell bodies cross the floor plate [34]; C. elegans pharyngeal axons [35,36] and Drosophila visual system axons [37] make contacts with neighboring cells which then are displaced, stretching the axons with them; and finally, zebrafish lateral line axons contact their targets and then stretch to keep up with them as the target migrates away, a phenomenon called axon towing [38]. Each of these examples bears strong similarities to dendrite growth by retrograde extension.

The hypothesis that membrane tension is the initiating event in filopodium stabilization, while speculative, is

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**Box 1 Sensing tension**

All biological structures experience tension but, as tension is difficult to observe, it is easy to overlook. Tensegrity models have attempted to draw on architectural principles of tension and compression to understand the mechanical forces that influence many processes in cell biology [41].

One cell biological process in which tension has been proposed to play a major role is mitotic spindle assembly, in which kinetochores are thought to sense the tension generated as microtubules pull in opposite directions. Glass needle micromanipulations demonstrated that kinetochores respond to artificially induced tension [42], although the physiological roles of attachment and tension have remained difficult to separate (reviewed in [43]). Recent experiments show that intrakinetochores stretch is an important step in sensing spindle attachment [44,45]. Similarly, stretching or tension could play an important role in licensing a filopodium to mature into a dendrite branch.

This figure highlights possible parallels in the use of tension during mitotic spindle assembly (top) and dendrite branch development (bottom). (a) Microtubules and filopodia both use cycles of extension and retraction (blue arrows) to search a volume of space. (b) and (c) Attachment to kinetochores or a target axon (black circles) may cause resistance to retractive force (red arrows), generating tension. (d) This tension may signal the kinetochore or nascent synaptic contact to mature (red stars).
attractive because it depends only on the formation of a cell–cell adhesive junction, and thus could encompass the nearly infinite variety of adhesion molecules thought to control dendrite–axon recognition. It would also unite dendrite development with other areas of biology that involve tension sensing (see Box 1).

Conclusions
Immediately upon encountering a presynaptic partner, a filopodium receives a signal and initiates its decision to become a dendrite. Since axon arbors also grow by filopodium extension and retraction, it is possible that a similar signal controls the stabilization of an axon filopodium. Interestingly, contact-dependent signals also help trigger regeneration after neurite damage. For example, when a C. elegans axon is cut by a laser, its regrowth is inhibited by the persistence of a segment that remains in contact with the postsynaptic partner [39]. Conversely, in mutants unable to form proper contacts with postsynaptic partners during development, axons fail to stabilize and instead sprout ectopic neurites [40]. Given the widespread importance of sensing axon–dendrite contacts throughout the life of a neurite, a better understanding of how the budding twig of a filopodium is transformed into the sturdy branch of a dendrite is bound to bear abundant fruit.

References and recommended reading
Papers of particular interest, published within the period of review, have been highlighted as:

- of special interest
- of outstanding interest


Simultaneous time-lapse imaging of dendrite filopodia and their target axons shows that a filopodium begins deciding to stabilize within 1 min of contacting an appropriate presynaptic partner.


24. Wei C, Wang X, Chen M, Ouyang K, Song LS, Cheng H: Calcium flickers steer cell migration. Nature 2009, 457:901-905. This paper shows that membrane tension in migrating fibroblasts produces calcium transients through opening of the stretch-activated calcium channel TRPM7, raising the possibility that membrane tension could explain the calcium transients that accompany filopodium stabilization.


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6 Development

This paper provides evidence for a stretch-based mechanism of dendrite extension, and identifies two extracellular proteins that help mediate dendrite stretch.


This paper provides in vivo evidence that axons are under resting tension, and shows that axon tension is required for neurite maturation.


